



Changing the Lives of Children

Nongnut Buwan

4Life® International Diamond and 2009 At the Heart of It Award recipient Nongnut Buwan has made service part of her life for the past several years. She began by giving 4Life products and support to people in need in her home country of Thailand. In recent months, she has continued her involvement with the Chiang Mai Boys Home and began working with an additional organization that strives to make a difference in the lives of children.

Chiang Mai Boys Home

Nongnut began supporting the children at Chiang Mai Boys Home by giving them 4Life products and meals on a monthly basis to help support their overall wellness. She has become especially close with three of the boys who live there, and they call her Mom.



Nongnut says, “My heart tells me they are my sons.”

Homehuck Foundation

After seeing an advertisement on television about the Homehuck Foundation, Nongnut contacted the organizers and donated 4Life Transfer Factor Plus® Tri-Factor® Formula and 4Life Transfer Factor® Chewable tablets. Homehuck Foundation supports children who are HIV-positive and children who

are orphans. She brought dinner for the children, as well as special t-shirts that the kids could wear to school. She designed the t-shirts herself.

Nongnut plans to continue working with both the Chiang Mai Boys Home and Homehuck Foundation, doing a service project with each organization one day per month. She loves providing service for others and making that an important focus as she builds her business throughout Thailand and the world.



4Life Japan distributors and employees beautify a local park

Distributors and employees in Japan worked together to clean up Kasai Rinkai Park in Tokyo, Japan. The group cleaned the park and gathered together a lot of garbage that they were able to properly throw away. Later, attendees enjoyed a barbecue in the park. This was a special “Women 4Life” project for Japan, bringing women together to do service in the community. “I joined the planning team for this activity, and it was great to work together with distributors in providing service for others,” commented 4Life employee Ms. Nakamura.