



From left to right: Sergey, Nataliya, Anastasia, and Anna Zaretskaya

Spreading the Light of Kindness

Nataliya Zaretskaya
International Diamond

4Life® International Diamond Nataliya Zaretskaya has learned that service can change your entire life. She's always made helping others a priority, but recently, she took this commitment to a new level. On the heels of a wonderful experience at the 4Life international convention in 2007, Nataliya got in contact with a little girl with some very special needs. A year ago, Nataliya's daughter Anna came home from school one day with a list of requested items to help out a local orphanage. When Nataliya met with the director of the school about possibly donating 4Life Transfer Factor®, she learned that a very special little girl was in desperate need of a family of her own. The school director explained that Anastasia was very behind in her growth and development, including one leg that was shorter than the other. She could barely walk and fell frequently.

Looking deep into their hearts, Nataliya and her husband Sergey didn't hesitate. Sergey said, "We can take this girl. She needs a family." Nataliya worked with a pediatric orthopedic surgeon to

do a surgery on Anastasia's legs free of charge. Another 4Life distributor and pediatric neuropathologist, Nataliya Vishnevskaya, visited with the family and gave them hope regarding Anastasia's neurological development. Friends sat with Anastasia and helped care for her after the surgery. Nataliya's own parents warmly welcomed Anastasia as a member of the family. Anastasia also has twice-weekly free visits with a neuropsychologist. After a very long journey, Nataliya and Sergey finally recently gained legal custody of Anastasia. "I am very thankful to all the people who helped make this happened," remarked Nataliya. "Certainly, there will be difficulties ahead of us, but when that little girl whispers in my ear, 'Mommy, do you love me,' I know that I can do anything in this world."

Nataliya Zaretskaya, her husband Sergey, and daughters Anna and Anastasia live in Moscow, Russia. Nataliya says that the desire to help others has always been a part of her life.