



## Service with heart

Esdras Cabrera Alberto/Gold International Diamond  
Dominican Republic

Spend a few minutes talking to Esdras Cabrera Alberto and you'll walk away feeling one thing... grateful. Shortly after joining 4Life, Esdras knew he had joined an organization that shared his passion for service. He had read about David and Bianca Lisonbee's work with Nkosi's Haven in South Africa and took the initiative to ask for their help with a project closer to his heart, La Casa Rosada in the Dominican Republic. But establishing this relationship between the Foundation 4Life and La Casa Rosada was just the beginning of Esdras' efforts. Since then, he has worked directly with 4Life Executives to provide relief to the destitute survivors of Hurricane Noel, and is currently teaching locals to help themselves using organic farming methods. "In times of great stress, everyone struggles," Esdras told Foundation 4Life Coordinator Nicole Gratzinger. "As oil prices rise and the real estate market crumbles, Foundation 4Life reminds us that we can work together to create a different world. A world in which there is laughter, comfort, and joy."

Esdras is nothing short of inspirational in his efforts to create a better world. For the past year, he has repeatedly reached out

to less fortunate individuals within his community to provide money to purchase much-needed medicines, as well as life-changing surgical procedures. Anyone may benefit from his care and concern. Often he finds individuals in need walking the street or becomes aware of their need through other service-minded people within the community. Why? "It has always been my dream to help people in need. The greater the need, the greater my desire to help," he explains simply.

With organizations such as Foundation 4Life to support his efforts, there's no telling how far Esdras' efforts will carry or how many people's lives he will bless. As for many of us, it's a blessing just to know Esdras is out there, spreading laughter, comfort, and joy.

*Gold International Diamonds Esdras Cabrera Alberto and Rosa Nelia Vargas have been 4Life Distributors for eight years. Father to a son and two daughters, Esdras grew up farming and dreamed of being able to support his family through his farm. He currently lives on his own farm in the Dominican Republic and donates food from the farm to La Casa Rosada and others in need.*